



# Teen Talk



Winter 2025/26

## Welcome to Team LINK Sue!

Sue is the new Central Fife Co-ordinator, who came into post the 2 December. She's settling in impressively well, bringing with her a wealth of skills and experience. She's going to be another asset to our wee staff team.

## Hello!

I'm Sue, new(ish) Project Coordinator for Central Fife. I'm delighted to have joined LINK and have already met lots of our amazing volunteers and young people. I am so impressed with LINK's ethos and impact, and look forward to helping develop the project. My varied work experience pre-LINK includes roles in education, outdoor learning and school counselling - I also helped run a Fringe venue in Edinburgh! Outside work, I love walking, wildlife, and growing fruit and veg in my allotment. Looking forward to meeting lots of you in the coming year!

## Funding News

- Delighted to announce our bid to Children in Need for 3 years part funding was successful.
- Dunhill Foundation awarded £20,000.
- Another Fife Health Charity Community grant of £4,400.

**\*Thank you to all our fabulous Funders\***

## Social Events

- Great turnout of 18 intrepid bowlers at Tenpin 29 October. Another night of strikes, spares, misses, fun, food and friendships.
- Christmas meal 10 December at The Rule, St Andrews, 25 attended. The food and service were the best yet and there was the biggest festive attire turnout. Had to take two photos as couldn't fit everyone into one!



## Volunteer & Young People Updates -

- Jane had a great time at Jade's (ex befriender and befriender) child's first birthday party. So proud seeing the lovely young woman, and wonderful mother, she's become. She's still in touch with her befriender, who was at the party too.
- A young person is moving on after nearly 4 years as she's turned 18 and doing well at college. Their volunteer has been with LINK since May 2016.
- Farewell to two exceptional befrienders, Ron and Emma, you will both be missed very much.

## Volunteer Recruitment

Welcome to Alix who trained with Jane in January but will work with Sue. It's great to have you on board.

## Volunteer Achievements



\*Congratulations on being awarded a Star Volunteer badge Kathryn\*

## Spotlight on Befriending



Young person enjoying hands on fun at Kirkcaldy Galleries after her first ever train journey.

A match meeting over milkshakes



Do share befriending meeting photos (with permission) or anywhere interesting you have visited.

## Free Training Courses

- Fife Council e-learning training, [All courses | Fife Council Partner Organisations VLE \(learningnexus.co.uk\)](https://learningnexus.co.uk) LINK volunteers complete Child Protection; Trauma; Self Harm & Suicide - Supporting Young People as part of their induction training.
- Fife Violence Against Women training [Violence Against Women - Training | Fife Council](#)
- Health Promotion Training Team programme until March 2026 [Health promotion training | NHS Fife](#)

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